

ACADEMIC TIME	RECHARGE TIME	RECREATION TIME	ENRICHMENT TIME
Students use their minds well to solve problems, create products, draw meaning, and make connections. In short, they learn to learn, coached by counselors who observe and guide their efforts. Students invest effort to complete homework assignments of good quality and to earn top grades.	Students regroup, reorganize, and recharge, allowing for a successful transition from the "school day" to the "afterschool day." Students unwind and gear up for activities predicated on their individual needs and designed to encourage them to work well with peers and engage positively with supportive adults.	Students engage in movement and physicality to stretch their legs and engage their minds. If play is the work of childhood, then playtime is a critical time for social, emotional, and cognitive development. Research shows through free-play children stay fit and build a better brain for life and work.	Students tap into their talents, interests, passions, and skills with activities that spark curiosity and deepen their motivation to learn. Enrichment is found in the journey as much as in the destination, with an open and inquisitive attitude to explore new and familiar hobbies, pastimes, and pursuits.
GOALS	GOALS	GOALS	GOALS
Time Management: <i>The art of ensuring there is enough time to do everything one wants to do and needs to do.</i> Students learn to set and keep schedules and to manage and organize assignments, tasks, and responsibilities.	Interpersonal Skills: <i>The art of socializing respectfully, with the expectation to do unto others as you would have them do unto you.</i> The focus is on "people skills" necessary to succeed at work, at home, and in the community.	Teamwork: <i>The art of coordinated effort on the part of individuals working together toward a common goal.</i> Students use their respective skills to contribute, cooperate, and provide construction feedback.	Initiative: <i>The art of assessing and initiating things independently.</i> Students exhibit genuine motivation, persistence, and goal-directed behavior when they engage in activities that spark their curiosity and engage their skills and talents.
Smart Studying: <i>The art of retaining skills and knowledge via effective study skills and habits.</i> Students learn to adopt the right attitude, choose the right environment, and set a realistic schedule for learning.	Decency and Trust: <i>The art of establishing a safe, fair, generous, and tolerant afterschool environment.</i> Students thrive in an environment of unanxious expectation, trust, and decency.	Problem-Solving: <i>The art of resolving conflict, working well with others, and seeing things from various viewpoints.</i> Students on the field, as in the classroom, think through situations and solve problems.	Engagement in Learning: <i>The art of wanting to do more and dig deeper to excel.</i> Students who are curious and passionate about what they do are more confident, motivated, and determined to learn.
Self-Directed Learning: <i>The art of learning how to learn — more effectively and efficiently — for school and the world outside of school.</i> Students select, manage, and assess theme-based projects, learning, to plan, create, process, and evaluate their own learning activities.	Stress-Management: <i>The art of putting things in perspective and achieving a state of restfulness.</i> Students who recognize and manage stress, through mindfulness, meditation, and just slowing down, feel less anxious and more powerful, resilient, and self-assured.	Behavior: <i>The art of doing what you need to do to work well with others and to stay focused on the task at hand.</i> Students who work well with peers and adults build better relationships. They listen attentively, follow directions, participate, and communicate effectively.	Communication Skills: <i>The art of communication takes many forms, aided by a rich array of activities designed to tap into ideas, emotions, and talents.</i> Students as good listeners of other people's ideas in turn learn to express their thoughts and ideas with confidence.
Cooperative Learning: <i>The art of working together and applying individual strengths and levels of abilities to deepen understanding and achievement.</i> Confident students are motivated to learn from and work well with others.	Manners and Etiquette: <i>The art of doing the right thing despite the hustle and bustle of a busy day and life.</i> From the classroom to the dinner table, a well-rounded student is polite, acts appropriately, and cleans up after themselves.		
ACTIVITIES	ACTIVITIES	ACTIVITIES	RELATED ACTIVITIES
Write and update a resume.	Time to eat a snack.	Interactive games.	Cooking clinics.
Create and manage a portfolio of work to self-assess and showcase theme-based projects.	Time to read, unwind, reset, review the day's work, and prepare for what's next.	Obstacle courses and traditional games (i.e., kickball) with a spin (kickball with your opposite leg).	Performing and communication arts, including dance, theater, writing, and drawing.
Search the web for relevant and factual information.	Time to socialize with others in a relaxed atmosphere.	Sports, including kickball, baseball, and volleyball.	Chess
Use memory games and other creative learning tools to retain and apply knowledge.	Time to work with counselors to help break down and set up for the next round of activities.	Popular exercise classes, such as dance-focused Zumba and mind-body yoga.	Book Club
One-on-one tutoring (available for an extra charge).	Time to help others with what they need to accomplish.		